

THE INTERVALE Sharing the Joy of the Land

The Intervale is a thriving ecosystem of farms, community gardens, programs, and recreational spaces. This is where our work began in 1988 and now, 34 years later, is a living laboratory for environmental justice and a haven for our community. Located in Burlington's Old North End, this oneof-a-kind community resource remains a place for us to practice our values of stewardship and conservation, grow food for our community, and provide places for rest and connection. We are so grateful to share this special place with farmers, stewards, and visitors like you!

The People's Farm has been both a place of community for me as well as a way to give back. In addition to providing food security to my neighbors, the People's Farm gave me a place to get my hands in the dirt and meet new people who like to do the same thing. I have learned so much about plants through volunteering which gives me more motivation to keep growing food for myself and others."

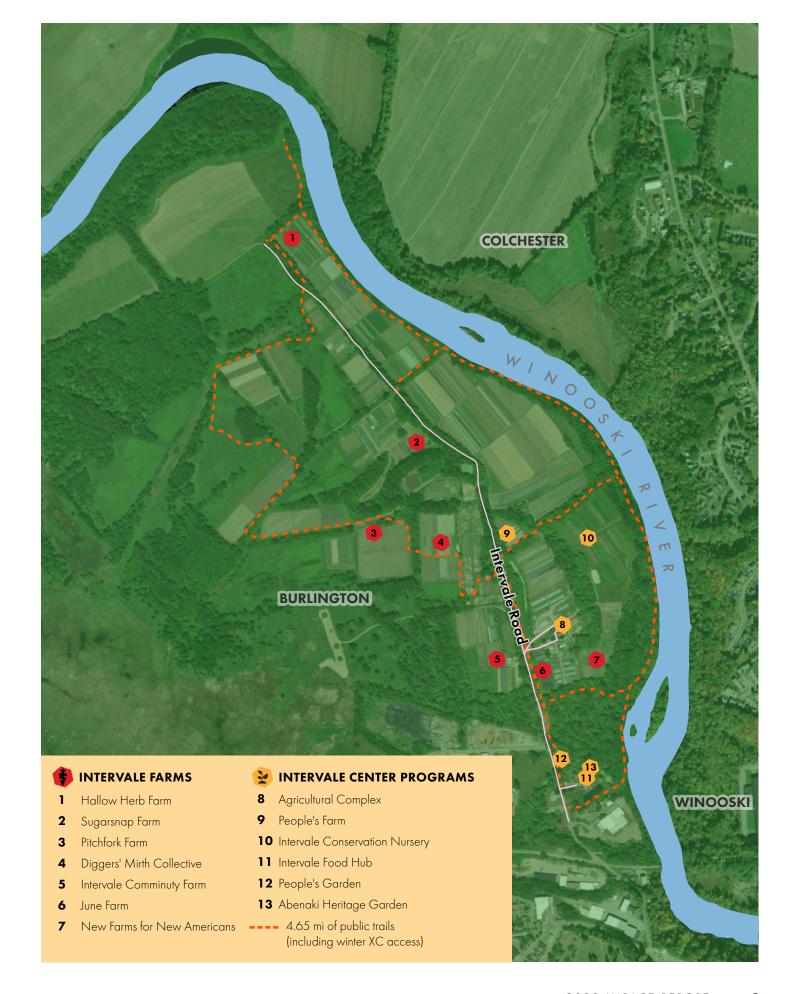
LILLY ST. ANGELO
People's Farm volunteer



We love hosting live music, local food vendors, community organizations, and YOU at Summervale.

INTERVALE COMMUNITY

- Hosted volunteers for 1,800 hours
 across our Conservation Nursery, Gleaning &
 Food Access, Land Stewardship, and events –
 THANK YOU VOLUNTEERS for helping us
 build a strong community food system!
- Supplemented our free CSA program with
 12,600 pounds of produce grown at our own volunteer-powered People's Farm.
- Completed three bird and pollinator habitat planting projects to enhance biodiversity in the Intervale.
- Hosted our annual outdoor concert series
 Summervale in July and August.
- Restored native ostrich ferns in sensitive areas through planting and educating around over-harvesting.
- Held 27 educational workshops ranging from outdoor cooking classes to a gardening series.
- Provided land to seven organic farms, including AALV's New Farms for New Americans program.
- With AALV, planted garlic—a culturally significant crop—that folks at New Farms for New Americans historically have not been able to grow.



INTERVALE CENTER

NORTHWESTERN VERMONT

Feeding Our Neighbors

Located in the heart of Vermont's largest population center, we're committed to making fresh, local food widely accessible through production, gleaning, and innovative distribution. Our food access programming is a lifeline for our neighbors with 40% of Vermonters reporting that they faced food insecurity in 2022.



Gleaning is the process of rescuing excess produce that farms would otherwise not be able to sell

INTERVALE FOOD HUB

- Offered produce, proteins, and provisions from more than **100 Vermont producers**.
- **Expanded delivery** in Burlington, Winooski, and South Burlington.
- Shifted Food Hub operations to wholesale and storage services after 15 years of retail and supply innovation – thank you Intervale Food Hub customers and producers!



FOOD ACCESS

- Served 225 income-eligible
 households each week during the growing
 season through Fair Share, our free weekly CSA.
- Provided more than 1,900 individuals
 with free fresh fruits and vegetables through
 Fair Share distributions, pop-ups, and community
 partnerships.
- Gleaned and distributed 62,000 pounds
 of fresh food from farms at the Intervale,
 including our own People's Farm, and farms
 across Chittenden County.
- Distributed an additional **18,000 pounds** from the Intervale Food Hub and the Vermont Foodbank.

Fair Share is a safety net and guaranteed source of high-quality food.

It also makes me feel part of a community and cared for by those around me as well as making me feel more connected to local farms and grateful for what they're able to produce."

FAIR SHARE CSA recipient



Food Access Partnerships: It takes a collaborative network to build an accessible food system. Our food access programs gleaned and

50 Community Harvest of Central Vermont

FAIR SHARE PARTNERS

59 COTS (Committee on Temporary Shelter)

62 NFI-VT (Northeastern Family Institute of Vermont)

Healthy Roots Collaborative

51 Feeding Chittenden

♥ **52** Food Not Bombs

H.O.P.E VT

55 People's Farm Stand

56 Vermont Foodbank

58 Boys and Girls Club

61 Mercy Connections

60 Early Years Child Center

63 O'Brien Community Center

64 Pine Forest Childrens Center

Rally Cat's Cupboard at UVM

66 Spectrum Youth and Family Services

67 Steps to End Domestic Violence

68 The DREAM Program

70 Winooski Public Library

69 Twincraft Skincare

7 57 AALV

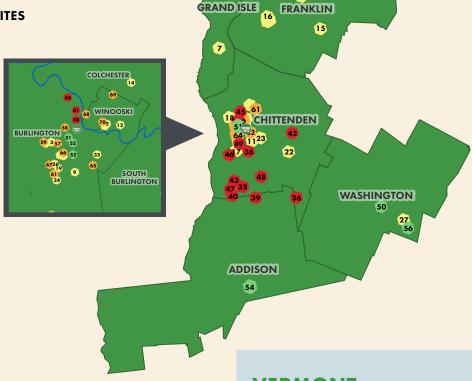
distributed food with 70 organizations and farms in 2022!

EVERYONE EATS DISTRIBUTION SITES

- Abenaki Center
- 2 Allen House
- 3 ANEW Place
- 4 Beacon Apartments
- Bermma Food ShelfCenterpoint Winooski
- Champlain Islands Food Shelf
- Champlain Valley Office of Economic Opportunity
- Chauncey's Cupboard at Champlain College
- 10 Colchester Food Shelf
- 11 Commando LLC
- 12 Community College of Vermont Winooski
- 13 Enosburg Food Shelf
- 14 Fab-Tech, Inc.
- 15 Fairfield Community Kitchen
- 16 Four Winds
- 17 Harbor Place
- 18 Heineberg Community Senior Center
- 19 King Street Center
- 20 Martha's Community Kitcher
- 21 Northwest Family Foods
- 22 Our Lady of the Holy Rosary Church
- 23 Resource Williston
- 24 ReSOURCE Burlington
- 25 Richford Soup Kitchen
- **26** Salvation Army of Burlington
- 27 Salvation Army of Barre
- 28 Samaritan House
- 29 Sara Holbrook Community Center
- **30** Sheldon Food Shelf
- **31** Spectrum Youth Drop-In Center
- **32** Community College of Vermont St. Albans
- 33 UVM Medical Center
- 34 Vermont Department of Health

GLEANING PARTNER FARMS

- 35 Adam's Berry Farm
- 36 Bread and Butter Farm
- 37 Burnt Rock Farm
- 38 Diggers' Mirth Collective Farm
- **9** Full Belly Farm
- **40** Head Over Fields
- 11 Intervale Community Farm
- Jericho Settlers' Farm
- 13 Philo Ridge Farm
- 44 Pitchfork Farm
- 45 Sam Mazza's Farm Market
- 46 Shelburne Farms Market Garden
- 47 Sweet Roots Farm
- 48 Trillium Hill
- 49 UVM Horticulture Farm



FOOD DISTRIBUTION PARTNERS VERMONT EVERYONE EATS

- Distributed 218,000 free meals across Chittenden, Franklin, and Grand Isle counties with our partners at Healthy Roots Collaborative for a total of half a million meals distributed since the program began in 2020.
 - 20 restaurant partners
 prepared meals with an average
 of 38% ingredients locally
 sourced from Vermont
 producers, high above the program
 requirement of 10%.
 - A total of \$2,183,900 went to local restaurant partners through the Northwest hub.

VERMONT

Strengthening Vermont's Food System

Vermont's farm economy is in dynamic transition. We help farmers and producers shift business models, access land, tap into loans and grants, and respond to climate change and water quality issues. Building a strong community food system benefits us all, and the impact can extend far beyond what we eat to enhance quality of life, tourism, recreation, and a strong local economy.



Hilary and sheep at Rolling Bale Farm.

At the beginning of our farming career we learned about the Intervale Center, and have turned to their resources again and again. Business planning, guidance with land and infrastructure choices, access to an array of professionals are some of the resources we utilized. In a more recent addition of a farmstead creamery, the Intervale Center helped us all over again and even provided marketing guidance and funding for professional photos. They have been a pivotal resource for our farm and we love meeting other young farmers who feel the same way."

HILARY HAIGH
Rolling Bale Farm &
Animal Farm Creamery



FARM BUSINESS SERVICES

- Provided free business planning services to 150 farmers, including 59 beginning farmers.
- Administered Vermont Land Link with 229 farm seekers and 35 new land access opportunities this year.
- Engaged in Farm-to-Plate Land Access
 Working Group, Meat Task Force,
 and Accessory On-Farm Business
 discussion group. Co-presented a service
 provider financial professional development
 training. Served on the Specialty Crop Block
 Grant and Working Lands Grant review panels.

The Friends of the Winooski River plants an average of 3000 trees per year in projects that protect streams and rivers, prevent flooding, and improve water quality. The success of our projects is completely dependent on the Intervale Conservation Nursery and their tree planting crew. We couldn't do this work without them!"



SHAWN WHITE
Project Manager at
Friends of the Winooski River

INTERVALE CONSERVATION NURSERY

- Planted a total of 36,000 native trees and shrubs in restoration projects across the state along with our partners and customers.
- Propagated **60,000 stems** for future planting projects more than ever before!
- Constructed a **new greenhouse** to increase growing capacity.
- **Hired a Seed Coordinator** for conservation and seed monitoring statewide in partnership with Vermont Fish & Wildlife Service and the Northwoods Center.



Intervale Conservation Nursery Crew ready to plant tamarack alongside partners at US Fish & Wildlife.



With our partners at Food
Connects, Green Mountain
Farm Connect, and Center for
an Agricultural Economy, we
developed **Vermont Way Foods**, a local food brand
that distributes locally
grown and produced
goods.





6 INTERVALE CENTER 2022 IMPACT REPORT 7

VERMONT

Supporting Farms & Forests

Our **Farm Business Planning team** worked with Creek Valley Farm in Irasburg to provide marketing expertise and connect their farmstead creamery to customers, distributors, and funding opportunities. *Photo by Corey Hendrickson*.



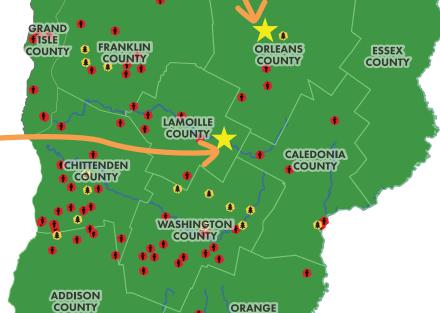
Our **Conservation Nursery** played an important role in creating a wildfire corridor along the Wild Branch River in Wolcott. By planting native trees and shrubs throughout the underpass, we established safe habitats for animals to travel through this area.



Our Conservation Nursery

services crew planted trees to maintain a Conservation Reserve Enhancement Program (CREP) site in Whiting. Stems planted included shrub willow, silky dogwood, and white pine. Our crew returned to the site a few months after planting to clear invasive species growing around the new trees.





WINDSOR

COUNTY

WINDHAM COUNTY

RUTEAND COUNTY

BENNINGTON

COUNTY

COUNTY



150

Farm Business Planning Clients



30

Conservation Nursery Planting Sites



Jane, Dan, and André MacLean at Sweet Roots Farm in Charlotte. Photo by Daniel Schnechner.

2022 FARM BUSINESS CLIENTS (developing farms without names not included)

Aires-Hill Farm and Creamery Animal Farm Arboreal Habits Ascutney Harvest Baird Farm Barnet Mountain Meats Belle Fluer Farm Black Watch Farm Blackbird Organics Blank Page Cafe Blue Heron Farm Blue House Mushroom Boheme Botanika Boneyard Farm Boro Hill Nursery Boyd Family Farm Branon Family Maple Orchards Bread and Butter Farm **Bridport Creamery** Broadbrook Mountain Trees Calabash Gardens Capital City Farmer's Market Champlain Valley Chestnut Farm Champlain Valley Goats & Rabbitry Champlain Valley Hops Chertok Wines Cloudwater Farm

Cobble Creek Nursery Creek Valley Farm Donegan Family Dairy Don-Sim Farm Dorset Peak Jersevs Epona Farms First Lady Sheep Farm Flack Family Farm Flower Gap Farm Flying Buffalo LLC Flying Dog Farm Fools Farm Glasten Orchard Glinnis Hill Farm GMG Farms The Goat Project Good Hands Farm Hawthorn Meadow Farmstead Head Over Fields Heartsong Community Farm Hobby Hill Holyoke Dairy Immuno-Berry Farm Iroquois Acres Khelcom Farm Knoll Farm La Montanuela Larson Farm Levy Lamb

Liberty Hill Little Sister Farm Loony Moon Farm Maple City Candy Maple Wind Farm Maplemont Farm Milkweed Farm Morgan Hill Farm Mountain Sprouts Mt Mansfield Creamery New Growth Farm New Tradition Farm Nomad Farm North Hollow Berry Farm Northland Farm Old Growth Organics Old Soul Farm Operah House Farm Perrin Farm Pigasus Meats Poulin and Daughters Family Farm Rock Meadow Farm Sandy Bottom Farm Scott Farm Shakey Ground Shangri-La Farm

Shrubbly

Snug Valley Farm

Sparrowhawk Farm Square Deal Farm Stella 14 Wines SUSU Community Farm Sweet Pickins Farm Sweet Roots Farm Sweet Rowen Farmstead The Farm Upstream This Is Family Tree Towhee Tea Company Union Brook Farm Unity Farm Vermont Willow Nursery Von Trapp Farm Vermont Mountain Meadows Farm West Lane Flowers Wild Woods Maple Winding Brook Farm Witness Tree Woodlawn Farm Wood's Market Garden Yankee Rock Farm Yoder Farm Z Botanicals Zafa Wines

Soaring Meadow Farm

INTERVALE CENTER 9

STAFF

Sara Armstrong Donegan Farm Business Specialist

Christine Badalamenti Smith Administrative Coordinator

Dana Barrow

Development Director

Hannah Baxter

Gleaning & Food Access Manager

Christine Cramer

ICN Services Coordinator

Lexie Daly

Finance Director

Georgi de Rham

Food Hub Operations Assistant

Kelly Duggan

Marketing & Communications Manager

Patrick Dunseith

Land Manager

Taylor Firestein

Food Hub Purchasing Lead

Mandy Fischer

Program Director

Ben Fishbein

ICN Production Technician

Brooke Fleischman

ICN Seed Coordinator

Sarah Foster

ICN Crew Leader

Kiana French

ICN Propagation Coordinator

Emma Gonzalez

Everyone Eats Community Outreach and Distribution Manager

Lena Greenberg

Gleaning Coordinator

Melanie Guild

Development Manager

Brian Hotalina

Staff Accountant

Nathan Lake

Farm and Field Coordinator

Nikki Lennart

Farm Business Specialist

Sammy LeVine

Events Manager

Travis Marcotte

Executive Director

Kristen McDowell Food Hub Operations Lead

Christopher McManus

Lands Technician

Anna Meli

Food Hub Operations Assistant

Duncan Murdoch

Natural Areas Stewardship Coordinator

Reid

Food Hub General Manager

Gina Simmons

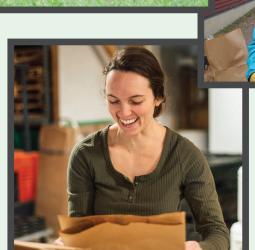
Farm Business Specialist

Sam Smith

Farm Business Director











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Dear Friends,

The pandemic emergency may be ending, but the needs of our community have grown.

Globally, climate change is increasing production variability in farming, disrupting food supply, and increasing costs. Food insecurity persists and many Vermonters face losing state food access benefits that have proved critical to their wellbeing. Land and housing are more expensive than ever, making it difficult for young and beginning farmers to find land.

The programming we have developed over the last 34 years demonstrates the impact we can have when we invest in equitable, local food systems. The community food systems we are building reduce vulnerability in our supply chains. They prioritize soil and ecosystem health and biodiversity, enhance the livelihood of farmers, and bring food and jobs to our community. They are the bridge we need to a more equitable, climate resilient, community-centric future—a future in which we care for farms, land, and people.

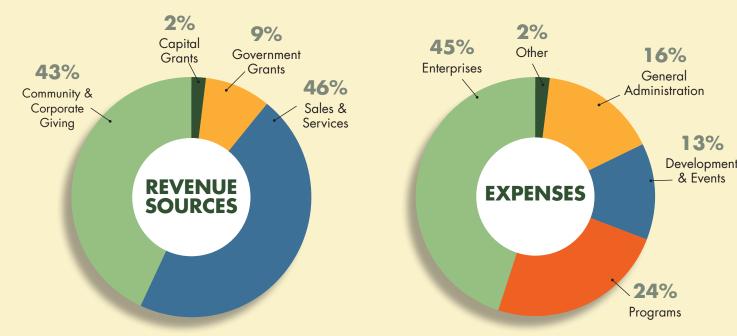
As I reflect on this past year, I am proud of the Intervale Center's ongoing response to the overlapping crises of our time. The accomplishments laid out in this report were made possible because of the dedication of our staff, the generosity of our donors, and the support of our partners and volunteers. We ask that you help bring more people and energy into this important work. Together we can lead the way to a more sustainable food system for all.

Warmly,

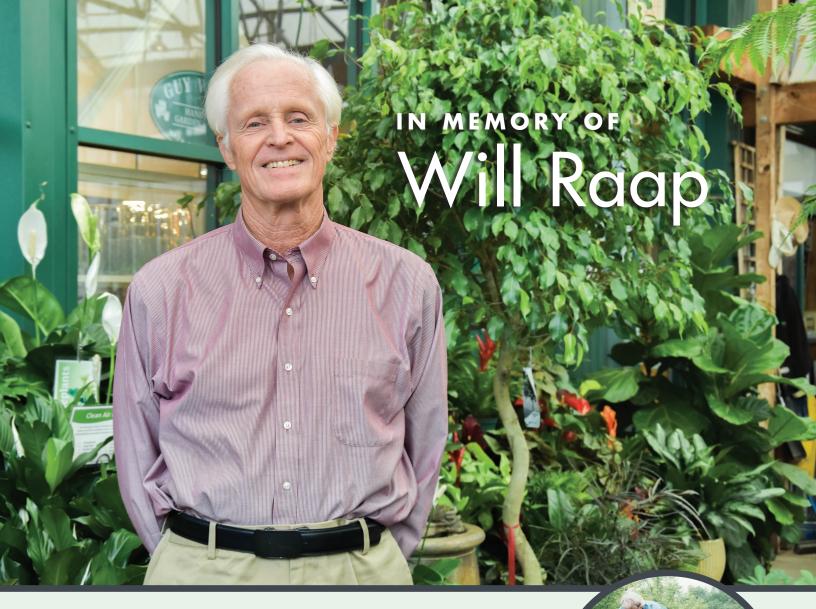
Travis P. Marcotte, Executive Director

INTERVALE CENTER 2022 FINANCIAL REPORT

(UNAUDITED)



2022 IMPACT REPORT 10 INTERVALE CENTER



Would the Intervale Center be here today without Will Raap? In 1988, when much of this land had been abused and abandoned, Will had a vision for reviving it. He founded the Intervale Center to restore soil health for farming and build a stronger food system. With work and dedication, his vision came to life as the Intervale grew into a robust community of farmers and stewards. He always pushed us and encouraged us to think big and expand our work, and he cared deeply about the planet. Will's impact in the Intervale and beyond will be remembered, and his presence in our community will be missed. Thank you Will, and the Raap family.



